

Split Break Guide

Introduction

This document provides examples of how to calculate split breaks, in order to better understand the split break process and how to help our Drivers.

11-Hour Rule when 8-Hour Break is First

This example shows how many hours a Drive will have left on their 11-Hour Rule after a splits break. In this example:

- The eight-hour break (on Line 2) takes place first
- The two-hour break takes place after the eight-hour break (on Line 1 or Line 2)

SPLIT BREAK (11-hour rule): Eight-hour break first, two-hour break second																																			
#	STEP	DETAILS																																	
1	Tap Day Log tab (to get your detailed log)	<ul style="list-style-type: none"> o Detailed log (resulting from Day Log tab) <table border="1"> <thead> <tr> <th colspan="4">06/17/2012</th> </tr> <tr> <th>Status</th> <th>Start</th> <th>Duration</th> <th>Location</th> </tr> </thead> <tbody> <tr> <td>OFF</td> <td>15:00</td> <td>2h 30m</td> <td>Wheeler Rdg, CA</td> </tr> <tr> <td>DRV</td> <td>13:00</td> <td>2h 00 m</td> <td>Wheeler Rdg, CA</td> </tr> <tr> <td>OFF</td> <td>12:15</td> <td>0h 45m</td> <td>Snta Ana, CA</td> </tr> <tr> <td>DRV</td> <td>09:00</td> <td>3h 15m</td> <td>Snta Ana, CA</td> </tr> <tr> <td>ON</td> <td>08:45</td> <td>0h 15m</td> <td>Boulevard, CA</td> </tr> <tr> <td>SB</td> <td>00:00</td> <td>8h 45m</td> <td>Boulevard, CA</td> </tr> </tbody> </table>		06/17/2012				Status	Start	Duration	Location	OFF	15:00	2h 30m	Wheeler Rdg, CA	DRV	13:00	2h 00 m	Wheeler Rdg, CA	OFF	12:15	0h 45m	Snta Ana, CA	DRV	09:00	3h 15m	Snta Ana, CA	ON	08:45	0h 15m	Boulevard, CA	SB	00:00	8h 45m	Boulevard, CA
06/17/2012																																			
Status	Start	Duration	Location																																
OFF	15:00	2h 30m	Wheeler Rdg, CA																																
DRV	13:00	2h 00 m	Wheeler Rdg, CA																																
OFF	12:15	0h 45m	Snta Ana, CA																																
DRV	09:00	3h 15m	Snta Ana, CA																																
ON	08:45	0h 15m	Boulevard, CA																																
SB	00:00	8h 45m	Boulevard, CA																																
2	Identify the two breaks that make up the split break	<ul style="list-style-type: none"> o Find the eight-hour break (at least eight hours) on line 2. o Fine the two-hour break (at least two hours) on line 1 or 2. <table border="1"> <thead> <tr> <th colspan="4">06/17/2012</th> </tr> <tr> <th>Status</th> <th>Start</th> <th>Duration</th> <th>Location</th> </tr> </thead> <tbody> <tr> <td>OFF</td> <td>15:00</td> <td>2h 30m</td> <td>Wheeler Rdg, CA</td> </tr> <tr> <td>DRV</td> <td>13:00</td> <td>2h 00 m</td> <td>Wheeler Rdg, CA</td> </tr> <tr> <td>OFF</td> <td>12:15</td> <td>0h 45m</td> <td>Snta Ana, CA</td> </tr> <tr> <td>DRV</td> <td>09:00</td> <td>3h 15m</td> <td>Snta Ana, CA</td> </tr> <tr> <td>ON</td> <td>08:45</td> <td>0h 15m</td> <td>Boulevard, CA</td> </tr> <tr> <td>SB</td> <td>00:00</td> <td>8h 45m</td> <td>Boulevard, CA</td> </tr> </tbody> </table>		06/17/2012				Status	Start	Duration	Location	OFF	15:00	2h 30m	Wheeler Rdg, CA	DRV	13:00	2h 00 m	Wheeler Rdg, CA	OFF	12:15	0h 45m	Snta Ana, CA	DRV	09:00	3h 15m	Snta Ana, CA	ON	08:45	0h 15m	Boulevard, CA	SB	00:00	8h 45m	Boulevard, CA
06/17/2012																																			
Status	Start	Duration	Location																																
OFF	15:00	2h 30m	Wheeler Rdg, CA																																
DRV	13:00	2h 00 m	Wheeler Rdg, CA																																
OFF	12:15	0h 45m	Snta Ana, CA																																
DRV	09:00	3h 15m	Snta Ana, CA																																
ON	08:45	0h 15m	Boulevard, CA																																
SB	00:00	8h 45m	Boulevard, CA																																
3	Add together all of the drive time between the two breaks.	<ul style="list-style-type: none"> • Add together all line three time between the two breaks. <table border="1"> <thead> <tr> <th colspan="4">06/17/2012</th> </tr> <tr> <th>Status</th> <th>Start</th> <th>Duration</th> <th>Location</th> </tr> </thead> <tbody> <tr> <td>OFF</td> <td>15:00</td> <td>2h 30m</td> <td>Wheeler Rdg, CA</td> </tr> <tr> <td>DRV</td> <td>13:00</td> <td>2h 00 m</td> <td>Wheeler Rdg, CA</td> </tr> <tr> <td>OFF</td> <td>12:15</td> <td>0h 45m</td> <td>Snta Ana, CA</td> </tr> <tr> <td>DRV</td> <td>09:00</td> <td>3h 15m</td> <td>Snta Ana, CA</td> </tr> <tr> <td>ON</td> <td>08:45</td> <td>0h 15m</td> <td>Boulevard, CA</td> </tr> <tr> <td>SB</td> <td>00:00</td> <td>8h 45m</td> <td>Boulevard, CA</td> </tr> </tbody> </table>		06/17/2012				Status	Start	Duration	Location	OFF	15:00	2h 30m	Wheeler Rdg, CA	DRV	13:00	2h 00 m	Wheeler Rdg, CA	OFF	12:15	0h 45m	Snta Ana, CA	DRV	09:00	3h 15m	Snta Ana, CA	ON	08:45	0h 15m	Boulevard, CA	SB	00:00	8h 45m	Boulevard, CA
06/17/2012																																			
Status	Start	Duration	Location																																
OFF	15:00	2h 30m	Wheeler Rdg, CA																																
DRV	13:00	2h 00 m	Wheeler Rdg, CA																																
OFF	12:15	0h 45m	Snta Ana, CA																																
DRV	09:00	3h 15m	Snta Ana, CA																																
ON	08:45	0h 15m	Boulevard, CA																																
SB	00:00	8h 45m	Boulevard, CA																																
4	Subtract the total drive time between the breaks (found in step three) from 11.	<p>11 MINUS Total Drive Time</p> <table> <tr> <td>11.00</td> <td>(11-Hour Rule)</td> </tr> <tr> <td>- 5.25</td> <td>(Total Drive Time from Step Three)</td> </tr> <tr> <td><hr/>5.75</td> <td>Hours remain on your 11-Hour Clock after the split break</td> </tr> </table>		11.00	(11-Hour Rule)	- 5.25	(Total Drive Time from Step Three)	<hr/> 5.75	Hours remain on your 11-Hour Clock after the split break																										
11.00	(11-Hour Rule)																																		
- 5.25	(Total Drive Time from Step Three)																																		
<hr/> 5.75	Hours remain on your 11-Hour Clock after the split break																																		

14-Hour Rule When 8-Hour Break is First

This example shows how many hours the Driver will have left on their 14-Hour Rule after a split break. In this example:

- The eight-hour break (on Line 2) takes place first
- The two-hour break takes place after the eight-hour break (on Line 1 or Line 2)

SPLIT BREAK (14-hour rule): Eight-hour break first, two-hour break second																																				
#	STEP	DETAILS																																		
1	Tap Day Log tab (to get your detailed log)	<ul style="list-style-type: none"> o Detailed log (resulting from Day Log tab) <table border="1"> <thead> <tr> <th colspan="4">06/17/2012</th> </tr> <tr> <th>Status</th> <th>Start</th> <th>Duration</th> <th>Location</th> </tr> </thead> <tbody> <tr> <td>OFF</td> <td>15:00</td> <td>2h 30m</td> <td>Wheeler Rdg, CA</td> </tr> <tr> <td>DRV</td> <td>13:00</td> <td>2h 00 m</td> <td>Wheeler Rdg, CA</td> </tr> <tr> <td>OFF</td> <td>12:15</td> <td>0h 45m</td> <td>Snta Ana, CA</td> </tr> <tr> <td>DRV</td> <td>09:00</td> <td>3h 15m</td> <td>Snta Ana, CA</td> </tr> <tr> <td>ON</td> <td>08:45</td> <td>0h 15m</td> <td>Boulevard, CA</td> </tr> <tr> <td>SB</td> <td>00:00</td> <td>8h 45m</td> <td>Boulevard, CA</td> </tr> </tbody> </table>			06/17/2012				Status	Start	Duration	Location	OFF	15:00	2h 30m	Wheeler Rdg, CA	DRV	13:00	2h 00 m	Wheeler Rdg, CA	OFF	12:15	0h 45m	Snta Ana, CA	DRV	09:00	3h 15m	Snta Ana, CA	ON	08:45	0h 15m	Boulevard, CA	SB	00:00	8h 45m	Boulevard, CA
06/17/2012																																				
Status	Start	Duration	Location																																	
OFF	15:00	2h 30m	Wheeler Rdg, CA																																	
DRV	13:00	2h 00 m	Wheeler Rdg, CA																																	
OFF	12:15	0h 45m	Snta Ana, CA																																	
DRV	09:00	3h 15m	Snta Ana, CA																																	
ON	08:45	0h 15m	Boulevard, CA																																	
SB	00:00	8h 45m	Boulevard, CA																																	
2	Identify the two breaks that make up the split break	<ul style="list-style-type: none"> o Find the eight-hour break (at least eight hours) on line 2. o Find the two-hour break (at least two hours) on line 1 or 2. <table border="1"> <thead> <tr> <th colspan="4">06/17/2012</th> </tr> <tr> <th>Status</th> <th>Start</th> <th>Duration</th> <th>Location</th> </tr> </thead> <tbody> <tr> <td>OFF</td> <td>15:00</td> <td>2h 30m</td> <td>Wheeler Rdg, CA</td> </tr> <tr> <td>DRV</td> <td>13:00</td> <td>2h 00 m</td> <td>Wheeler Rdg, CA</td> </tr> <tr> <td>OFF</td> <td>12:15</td> <td>0h 45m</td> <td>Snta Ana, CA</td> </tr> <tr> <td>DRV</td> <td>09:00</td> <td>3h 15m</td> <td>Snta Ana, CA</td> </tr> <tr> <td>ON</td> <td>08:45</td> <td>0h 15m</td> <td>Boulevard, CA</td> </tr> <tr> <td>SB</td> <td>00:00</td> <td>8h 45m</td> <td>Boulevard, CA</td> </tr> </tbody> </table>			06/17/2012				Status	Start	Duration	Location	OFF	15:00	2h 30m	Wheeler Rdg, CA	DRV	13:00	2h 00 m	Wheeler Rdg, CA	OFF	12:15	0h 45m	Snta Ana, CA	DRV	09:00	3h 15m	Snta Ana, CA	ON	08:45	0h 15m	Boulevard, CA	SB	00:00	8h 45m	Boulevard, CA
06/17/2012																																				
Status	Start	Duration	Location																																	
OFF	15:00	2h 30m	Wheeler Rdg, CA																																	
DRV	13:00	2h 00 m	Wheeler Rdg, CA																																	
OFF	12:15	0h 45m	Snta Ana, CA																																	
DRV	09:00	3h 15m	Snta Ana, CA																																	
ON	08:45	0h 15m	Boulevard, CA																																	
SB	00:00	8h 45m	Boulevard, CA																																	
3	Add together all of the time between the two breaks, including the two-hour break identified in step two.	<ul style="list-style-type: none"> • Calculate all time between the two breaks, including the two-hour break. <table border="1"> <thead> <tr> <th colspan="4">06/17/2012</th> </tr> <tr> <th>Status</th> <th>Start</th> <th>Duration</th> <th>Location</th> </tr> </thead> <tbody> <tr> <td>OFF</td> <td>15:00</td> <td>2h 30m</td> <td>Wheeler Rdg, CA</td> </tr> <tr> <td>DRV</td> <td>13:00</td> <td>2h 00 m</td> <td>Wheeler Rdg, CA</td> </tr> <tr> <td>OFF</td> <td>12:15</td> <td>0h 45m</td> <td>Snta Ana, CA</td> </tr> <tr> <td>DRV</td> <td>09:00</td> <td>3h 15m</td> <td>Snta Ana, CA</td> </tr> <tr> <td>ON</td> <td>08:45</td> <td>0h 15m</td> <td>Boulevard, CA</td> </tr> <tr> <td>SB</td> <td>00:00</td> <td>8h 45m</td> <td>Boulevard, CA</td> </tr> </tbody> </table>			06/17/2012				Status	Start	Duration	Location	OFF	15:00	2h 30m	Wheeler Rdg, CA	DRV	13:00	2h 00 m	Wheeler Rdg, CA	OFF	12:15	0h 45m	Snta Ana, CA	DRV	09:00	3h 15m	Snta Ana, CA	ON	08:45	0h 15m	Boulevard, CA	SB	00:00	8h 45m	Boulevard, CA
06/17/2012																																				
Status	Start	Duration	Location																																	
OFF	15:00	2h 30m	Wheeler Rdg, CA																																	
DRV	13:00	2h 00 m	Wheeler Rdg, CA																																	
OFF	12:15	0h 45m	Snta Ana, CA																																	
DRV	09:00	3h 15m	Snta Ana, CA																																	
ON	08:45	0h 15m	Boulevard, CA																																	
SB	00:00	8h 45m	Boulevard, CA																																	
4	Subtract the total time identified in step three from 14.	<p>14 MINUS Total Time</p> <table> <tr> <td>14.00</td> <td>(14-Hour Rule)</td> </tr> <tr> <td>- 8.75</td> <td>(Total Time between breaks from Step #3)</td> </tr> <tr> <td><hr/>5.25</td> <td>Hours remain on your 14-Hour Clock after the split break</td> </tr> </table>			14.00	(14-Hour Rule)	- 8.75	(Total Time between breaks from Step #3)	<hr/> 5.25	Hours remain on your 14-Hour Clock after the split break																										
14.00	(14-Hour Rule)																																			
- 8.75	(Total Time between breaks from Step #3)																																			
<hr/> 5.25	Hours remain on your 14-Hour Clock after the split break																																			

11-Hour Rule when 2-Hour Break is

This example shows how many hours a Driver will have left on their 11-Hour Rule after a split break. In this example:

- The two-hour break (on Line 1 or Line 2) takes place first
- The eight-hour break takes place after the two-hour break

First

(on Line 2)

SPLIT BREAK (11-hour rule): Two-hour break first, eight-hour break second																												
#	STEP	DETAILS																										
1	Tap Day Log tab (to get your detailed log)	<ul style="list-style-type: none"> Detailed log (resulting from Day Log tab) <table border="1"> <thead> <tr> <th colspan="4">06/17/2012</th> </tr> <tr> <th>Status</th> <th>Start</th> <th>Duration</th> <th>Location</th> </tr> </thead> <tbody> <tr> <td>SB</td> <td>08:45</td> <td>8h 00m</td> <td>Lebec, CA</td> </tr> <tr> <td>DRV</td> <td>03:30</td> <td>5h 15m</td> <td>Lebec, CA</td> </tr> <tr> <td>ON</td> <td>03:15</td> <td>0h 15m</td> <td>Boulevard, CA</td> </tr> <tr> <td>OFF</td> <td>00:00</td> <td>3h 15m</td> <td>Boulevard, CA</td> </tr> </tbody> </table>			06/17/2012				Status	Start	Duration	Location	SB	08:45	8h 00m	Lebec, CA	DRV	03:30	5h 15m	Lebec, CA	ON	03:15	0h 15m	Boulevard, CA	OFF	00:00	3h 15m	Boulevard, CA
06/17/2012																												
Status	Start	Duration	Location																									
SB	08:45	8h 00m	Lebec, CA																									
DRV	03:30	5h 15m	Lebec, CA																									
ON	03:15	0h 15m	Boulevard, CA																									
OFF	00:00	3h 15m	Boulevard, CA																									
2	Identify the two breaks that make up the split break	<ul style="list-style-type: none"> Find the eight-hour break (at least eight hours) on line 2. Fine the two-hour break (at least two hours) on line 1 or 2. <table border="1"> <thead> <tr> <th colspan="4">06/17/2012</th> </tr> <tr> <th>Status</th> <th>Start</th> <th>Duration</th> <th>Location</th> </tr> </thead> <tbody> <tr> <td>SB</td> <td>08:45</td> <td>8h 00m</td> <td>Lebec, CA</td> </tr> <tr> <td>DRV</td> <td>03:30</td> <td>5h 15m</td> <td>Lebec, CA</td> </tr> <tr> <td>ON</td> <td>03:15</td> <td>0h 15m</td> <td>Boulevard, CA</td> </tr> <tr> <td>OFF</td> <td>00:00</td> <td>3h 15m</td> <td>Boulevard, CA</td> </tr> </tbody> </table>			06/17/2012				Status	Start	Duration	Location	SB	08:45	8h 00m	Lebec, CA	DRV	03:30	5h 15m	Lebec, CA	ON	03:15	0h 15m	Boulevard, CA	OFF	00:00	3h 15m	Boulevard, CA
06/17/2012																												
Status	Start	Duration	Location																									
SB	08:45	8h 00m	Lebec, CA																									
DRV	03:30	5h 15m	Lebec, CA																									
ON	03:15	0h 15m	Boulevard, CA																									
OFF	00:00	3h 15m	Boulevard, CA																									
3	Add together all of the drive time between the two breaks identified in step two.	<ul style="list-style-type: none"> Calculate all line three time between the two breaks. <table border="1"> <thead> <tr> <th colspan="4">06/17/2012</th> </tr> <tr> <th>Status</th> <th>Start</th> <th>Duration</th> <th>Location</th> </tr> </thead> <tbody> <tr> <td>SB</td> <td>08:45</td> <td>8h 00m</td> <td>Lebec, CA</td> </tr> <tr> <td>DRV</td> <td>03:30</td> <td>5h 15m</td> <td>Lebec, CA</td> </tr> <tr> <td>ON</td> <td>03:15</td> <td>0h 15m</td> <td>Boulevard, CA</td> </tr> <tr> <td>OFF</td> <td>00:00</td> <td>3h 15m</td> <td>Boulevard, CA</td> </tr> </tbody> </table>			06/17/2012				Status	Start	Duration	Location	SB	08:45	8h 00m	Lebec, CA	DRV	03:30	5h 15m	Lebec, CA	ON	03:15	0h 15m	Boulevard, CA	OFF	00:00	3h 15m	Boulevard, CA
06/17/2012																												
Status	Start	Duration	Location																									
SB	08:45	8h 00m	Lebec, CA																									
DRV	03:30	5h 15m	Lebec, CA																									
ON	03:15	0h 15m	Boulevard, CA																									
OFF	00:00	3h 15m	Boulevard, CA																									
4	Subtract the total drive time between the breaks (found in step three) from 11.	<p>11 MINUS Total Drive Time</p> <table> <tr> <td>11.00</td> <td>(11-Hour Rule)</td> </tr> <tr> <td>- 5.25</td> <td>(Total Time between breaks from Step #3)</td> </tr> <tr> <td><hr/></td> <td></td> </tr> <tr> <td>5.75</td> <td>Hours remain on your 11-Hour Clock after the split break</td> </tr> </table>			11.00	(11-Hour Rule)	- 5.25	(Total Time between breaks from Step #3)	<hr/>		5.75	Hours remain on your 11-Hour Clock after the split break																
11.00	(11-Hour Rule)																											
- 5.25	(Total Time between breaks from Step #3)																											
<hr/>																												
5.75	Hours remain on your 11-Hour Clock after the split break																											

14-Hour Rule When 2-Hour Break is First

This example shows how many hours a Driver will have left on their 14-Hour Rule after a split break. In this example:

- The two-hour break (on Line 1 or Line 2) takes place first
- The eight-hour break takes place after the two-hour break (on Line 2)

SPLIT BREAK (14-hour rule): Two-hour break first, eight-hour break second																												
#	STEP	DETAILS																										
1	Tap Day Log tab (to get your detailed log)	<ul style="list-style-type: none"> Detailed log (resulting from Day Log tab) <table border="1"> <thead> <tr> <th colspan="4">06/17/2012</th> </tr> <tr> <th>Status</th> <th>Start</th> <th>Duration</th> <th>Location</th> </tr> </thead> <tbody> <tr> <td>SB</td> <td>08:45</td> <td>8h 00m</td> <td>Lebec, CA</td> </tr> <tr> <td>DRV</td> <td>03:30</td> <td>5h 15m</td> <td>Lebec, CA</td> </tr> <tr> <td>ON</td> <td>03:15</td> <td>0h 15m</td> <td>Boulevard, CA</td> </tr> <tr> <td>OFF</td> <td>00:00</td> <td>3h 15m</td> <td>Boulevard, CA</td> </tr> </tbody> </table>			06/17/2012				Status	Start	Duration	Location	SB	08:45	8h 00m	Lebec, CA	DRV	03:30	5h 15m	Lebec, CA	ON	03:15	0h 15m	Boulevard, CA	OFF	00:00	3h 15m	Boulevard, CA
06/17/2012																												
Status	Start	Duration	Location																									
SB	08:45	8h 00m	Lebec, CA																									
DRV	03:30	5h 15m	Lebec, CA																									
ON	03:15	0h 15m	Boulevard, CA																									
OFF	00:00	3h 15m	Boulevard, CA																									
2	Identify the two breaks that make up the split break	<ul style="list-style-type: none"> Find the eight-hour break (at least eight hours) on line 2. Fine the two-hour break (at least two hours) on line 1 or 2. <table border="1"> <thead> <tr> <th colspan="4">06/17/2012</th> </tr> </thead> </table>			06/17/2012																							
06/17/2012																												

		<table border="1"> <thead> <tr> <th>Status</th> <th>Start</th> <th>Duration</th> <th>Location</th> </tr> </thead> <tbody> <tr> <td>SB</td> <td>08:45</td> <td>8h 00m</td> <td>Lebec, CA</td> </tr> <tr> <td>DRV</td> <td>03:30</td> <td>5h 15m</td> <td>Lebec, CA</td> </tr> <tr> <td>ON</td> <td>03:15</td> <td>0h 15m</td> <td>Boulevard, CA</td> </tr> <tr> <td>OFF</td> <td>00:00</td> <td>3h 15m</td> <td>Boulevard, CA</td> </tr> </tbody> </table>	Status	Start	Duration	Location	SB	08:45	8h 00m	Lebec, CA	DRV	03:30	5h 15m	Lebec, CA	ON	03:15	0h 15m	Boulevard, CA	OFF	00:00	3h 15m	Boulevard, CA				
Status	Start	Duration	Location																							
SB	08:45	8h 00m	Lebec, CA																							
DRV	03:30	5h 15m	Lebec, CA																							
ON	03:15	0h 15m	Boulevard, CA																							
OFF	00:00	3h 15m	Boulevard, CA																							
3	Add together all of the time between the two breaks identified in step two.	<ul style="list-style-type: none"> Add together all of the time between the two breaks. <table border="1"> <thead> <tr> <th colspan="4">06/17/2012</th> </tr> <tr> <th>Status</th> <th>Start</th> <th>Duration</th> <th>Location</th> </tr> </thead> <tbody> <tr> <td>SB</td> <td>08:45</td> <td>8h 00m</td> <td>Lebec, CA</td> </tr> <tr> <td>DRV</td> <td>03:30</td> <td>5h 15m</td> <td>Lebec, CA</td> </tr> <tr> <td>ON</td> <td>03:15</td> <td>0h 15m</td> <td>Boulevard, CA</td> </tr> <tr> <td>OFF</td> <td>00:00</td> <td>3h 15m</td> <td>Boulevard, CA</td> </tr> </tbody> </table>	06/17/2012				Status	Start	Duration	Location	SB	08:45	8h 00m	Lebec, CA	DRV	03:30	5h 15m	Lebec, CA	ON	03:15	0h 15m	Boulevard, CA	OFF	00:00	3h 15m	Boulevard, CA
06/17/2012																										
Status	Start	Duration	Location																							
SB	08:45	8h 00m	Lebec, CA																							
DRV	03:30	5h 15m	Lebec, CA																							
ON	03:15	0h 15m	Boulevard, CA																							
OFF	00:00	3h 15m	Boulevard, CA																							
4	Subtract the total time between the breaks (found in step three) from 14.	<p>14 MINUS Total Drive Time</p> <table> <tr> <td>14.00</td> <td>(14-Hour Rule)</td> </tr> <tr> <td>- 5.50</td> <td>(Total Time between breaks from Step #3)</td> </tr> <tr> <td><hr/></td> <td></td> </tr> <tr> <td>8.50</td> <td>Hours remain on your 14-Hour Clock after the split break</td> </tr> </table>	14.00	(14-Hour Rule)	- 5.50	(Total Time between breaks from Step #3)	<hr/>		8.50	Hours remain on your 14-Hour Clock after the split break																
14.00	(14-Hour Rule)																									
- 5.50	(Total Time between breaks from Step #3)																									
<hr/>																										
8.50	Hours remain on your 14-Hour Clock after the split break																									

Simply Stated

14 HOUR RULE:

A driver's duty day is 14 consecutive hours long. A driver may not drive after the end of the 14-consecutive-hour period.

A driver may not drive beyond the 14th hour after coming on duty following 10 hours off duty. This means, once the driver begins an on-duty period of any kind, the 14-hour clock begins.

EXAMPLE:

If a driver starts an on-duty status at 06:00, the driver would have to stop driving at 20:00 (14 hours later).

The only way to stop the clock is a minimum sleeper berth break of eight hours or more. This means all time spent waiting for trailers, paperwork and parking will limit a driver's available hours.

EXAMPLE:

Driver starts an on-duty status at 06:00, which means the 14-hour clock is up at 20:00. During the 14-hour period, the driver also takes an eight-hour sleeper berth break. This now means the driver has until 04:00 the next morning to get his driving in.

Once the 14 hours are reached, the driver may no longer drive but can continue to work. The driver must take a 10-hour consecutive break before resuming driving if they work beyond their 14th hour.

11 HOUR RULE:

A driver may drive up to 11 hours, during their 14-hour duty day. The 14-hour duty period cannot be extended with off-duty time for meal and fuel stops, etc. A driver cannot drive again without first taking 10 consecutive hours off duty.

70 HOUR RULE:

No driver of a property-carrying commercial motor vehicle shall drive a property-carrying commercial vehicle if he or she has been on duty for 70 hours in any period of 8 consecutive days.

34 HOUR RESTART RULE:

Drivers can "restart" the 8-day period by taking at least 34 consecutive hours off duty. The 34 hours must be consecutive and not broken by on duty or driving activities.

REST BREAK RULE:

Driving is not permitted if more than 8 hours has passed since the end of the driver's last off-duty or sleeper-berth period of at least 30 minutes. Or, said another way, a driver must take a 30-minute break after driving 8 hours.

A driver may work beyond the eighth hour but CANNOT drive before taking at least 30 consecutive minutes off duty.

The required break must be at least 30 minutes and can be taken at any time during the first eight hours on duty. The driver may not perform any on-duty tasks during this break.

This break is counted toward the 14-hour limit. It does not extend a driver's work-day.