

Rules	11-Hour Rule	14-Hour Rule	70-Hour Rule	Rest Breaks
Overview	<ul style="list-style-type: none"> ○ A driver may drive 11 hours following a 10-hour consecutive break. ○ The Company recommends drivers take at least a 30-minute break after driving four to six hours. 	<ul style="list-style-type: none"> ○ A driver may NOT drive beyond the 14th hour after coming on duty. ○ A driver may work beyond the 14th hour but CANNOT drive. 	<ul style="list-style-type: none"> ○ A driver may not drive after 70 hours on duty in eight consecutive days. ○ A driver may work beyond the 70th hour but CANNOT drive. 	<ul style="list-style-type: none"> ○ May drive only if 8 hours or less have passed since end of driver's last off-duty period of at least 30 minutes ○ A driver may work beyond the 8th hour but CANNOT drive.
Duty Status Lines	<ul style="list-style-type: none"> ○ Line 3 	<ul style="list-style-type: none"> ○ Lines 1, 2, 3 and 4 count against the 14-hour rule. (Unless eight hours on line 2 take place). ○ Lines 3 and 4 start the 14-hour clock. 	<ul style="list-style-type: none"> ○ Lines 3 and 4 count against the 70-hour rule. 	<ul style="list-style-type: none"> ○ Lines 1, 2, 3, and 4 count against the rest break rule
Getting Hours Back	<p>10-Hour Break A consecutive 10-hour break on line 1 or 2 will allow a driver to get all hours back on the 11-hour rule.</p> <p>Split Break Two rest breaks that equal 10 hours (one eight hours break and one two hour break) will allow a driver to get part of their hours back on the 11-hour clock.</p> <p>Break: At least eight hours on line 2 will pause the clock.</p> <p>Break: At least two hours on lines 1 or 2.</p>	<p>10-Hour Break A consecutive 10-hour break on line 1 or 2 will allow a driver to get all hours back on the 14-hour rule.</p> <p>Split Break Two rest breaks that equal 10 hours (one eight hour break and one two hour break) allow drivers to get part of their hours back on the 14-hour clock.</p> <p>Break: At least eight hours on line 2 will pause the clock.</p> <p>Break: At least two hours on lines 1 or 2.</p>	<p>34-Hour Restart A consecutive 34-hour break on line 1 or 2 will allow a driver to get all hours back on the 70-hour rule.</p> <p>Discuss with your fleet manager before taking a 34-hour restart.</p> <p>Limitations</p> <ul style="list-style-type: none"> ○ Must include two periods between 1 a.m. – 5 a.m. home terminal time, or for Werner Enterprises, central time. ○ May only be used once per week. <p>Each night at midnight Each night at midnight, drivers will get the hours they worked eight day prior (total lines 3 and 4) back on their 70-hour rule, unless a 34-hour restart has occurred. All hours are regained and all rules are rest.</p>	<p>30-Minute Break A consecutive 30-minute break on line 1 or 2 will allow a driver to resume driving after the 8th hour of coming on duty.</p>